ACTIVE 2018

VILLAGE OF KEY BISCAYNE COMMUNITY CENTER



The Fabric of Friendship

From sewing classes to Lunch and Learn events, there are countless ways to connect with friends at the KBCC!

Information for Residents

TABLE OF CONTENTS

- 2 Information for Residents
- 3 Message from the Director
- 4 Membership Information
- 5 Rules and Regulations
- 6 Youth and Teen Programs
- Youth and Teen STEM Programs
- 11 KB Strings Orchestra
- 13 Youth Dance Programs
- 14 Broadway Musical Theatre
- Maria Verdeja Dance Program
- Fall & Winter Break Camps
- **19** Athletics
- **20** Team Key Aquatics
- 21 Swim Kids Swimming School
- Vero Yoga & Co. (Youth & Adult)
- 23 Group Exercise & Yoga Classes
- 24 Senior Fitness Programs and Classes
- Fitness, Health & Wellness Programs
- 27 Adult and Senior Programs
- **32** 50+ Corner
- 36 Special Events/Important Dates



Village Officials and Staff

Mayor Mayra Peña Lindsay
Vice Mayor Franklin Caplan
Councilmember Luis de la Cruz
Councilmember Gary R. Gross
Councilmember Allison McCormick
Councilmember Brett Moss
Councilmember Katie Petros
Village Manager
Andrea Agha
Director of Parks and Recreation
Todd Hofferberth
Community Center Manager & Asst.
Director of Parks and Recreation
Ana J. Colls

PARTY PACKAGES AND ISLAND ROOM RENTALS

Planning a party or special event? The Community Center offers a variety of party packages for groups of up to 30 people. Choose from our Basic Party Package; Arts and Crafts Package; Pool Party Package; or the Face-Painting and Balloon Art Party Package.

We also have facilities to accommodate adult parties, meetings and other special events. The Island Room (also known as the Multi-Purpose Room) on the second floor can accommodate up to 150 guests, offers small and large rooms, as well as a warming kitchen.

For more information or to schedule your next event, please visit or call the Community Center's front desk at 305-365-8900.

BEACH PARK ACCESS CARDS

The Village of Key Biscayne's Beach Park, a resident's only facility, requires an access card to enter the park. The access cards are available to Key Biscayne residents only. For additional information please call 305-365-8900.

To Obtain a Card: Beach Park access card applications are available online or at the front desk. Please allow 2-3 business days for new cards to be activated.

Proof of Residency: Proof of residency is required when applying for a beach access card. A photo ID plus one of the following is acceptable as proof of residency:

Current vehicle registration certificate
Copy of current real property tax bill or deed
Certificate or letter from the Internal Revenue Service
Current utility bill

Tenants must bring an annual lease

Cards per Household: There is a limit of two (2) access cards per household and proof of residency is required for each card issued. A one-person household may only receive one access card.

Fees: There is no fee for the first access card(s). There is a replacement card fee of \$8.00 to de-activate the lost or stolen card and re-issue a new device.

PASSPORT SERVICES

The Village of Key Biscayne is a certified acceptance facility for U.S. passport applications. As a courtesy to our residents, this service is offered by the Parks and Recreation Department at the Community Center, located at 10 Village Green Way, second floor. Rules, downloadable forms, fees, travel advisories and other information are available at the U.S. State Department passport web page. For additional information or to make an appointment, call 305-365-8953. Passport processing also is available at the U.S. Post Office located in the L'Esplanade Shopping Center at 951 Crandon Boulevard. For more information, call 305-ASK-USPS.

Days *Monday to Friday*Hours 9:30 a.m.-4:00 p.m.

Note: Appointments are required.



FREE ON-ISLAND TRANSPORTATION FOR SENIORS

The Village of Key Biscayne offers free, local island transportation to pre-registered senior residents of Key Biscayne. Seniors must be 60 years of age or older, full- or part-time residents of Key Biscayne and pre-registered with Roxy Lohuis-Tejeda, Senior and Adult Programs Coordinator. Exceptions will be made for home health aides, nurses and other qualified personnel caring and assisting the registered user. This service is provided on Tuesdays, Wednesdays and Thursdays between 9:00 a.m. and 3:00 p.m. All passengers must be ready and waiting for pick up. The driver will wait only five minutes. Please call 305-365-8953 for more information or to make a reservation.

Message from the Director



COMMUNITY CENTER HOURS

General Hours of Operation

Monday - Friday 6:00 a.m. to 10:00 p.m. Saturday and Sunday 8:00 a.m. to 8:00 p.m.

Pool Hours

(unless otherwise posted for classes and special programs)

Monday - Friday 6:15 a.m. to 8:45 p.m. Saturday and Sunday 8:15 a.m. to 7:45 p.m.

Swim lanes are always available but may be limited for a class or special program.

Teen Room/Game Room

Monday - Friday 3:00 p.m. to 10:00 p.m. Saturday and Sunday 10:00 a.m. to 8:00 p.m.

Indoor Playground

(children under age 10 must be supervised by an adult)

Monday - Friday 9:00 a.m. to 2:00 p.m.

(for children under the age of 6)

2:00 p.m. to 8:00 p.m.

Saturday and Sunday 9:00 a.m. to 8:00 p.m.

Access may be limited during special events or parties.

Computer Lab

Monday - Friday 9:30 a.m. to 3:00 p.m. - Adults Only

3:00 p.m. to 8:00 p.m. - All Ages

Saturday and Sunday Available upon request

Gymnasium

The gym is available for basketball during all general hours of operation. Courts will generally be programmed in the afternoons after 3:00 p.m.

Adult Basketball

Saturday 10:00 a.m. to 12:00 noon

(ages 35 and up)

Working for You

Dear Islanders:

The Parks & Recreation Department at the Village of Key Biscayne takes great pride in enhancing the quality of life of our residents, not only through the maintenance and programming of our parks, playing fields and playgrounds, but by providing Key residents with a number of other services and offerings.

The Key Biscayne Community Center is pleased to announce our new software registration system, RecTrac. This system will allow us to more effectively and efficiently serve our clients. As part of this transition, we are updating proof of residency for all accounts. Please note that all new program registrations and membership purchases must be accompanied by the following documentation:



Todd Hofferberth Director, Parks & Recreation

- · Photo identification, PLUS one of the following:
 - Current utility bill
 - Current vehicle registration certificate
 - Current real property tax bill or deed
 - Certificate or letter from the IRS
 - Tenants must bring a current lease (an annual lease is required for an annual membership)

We also listen to residents' concerns and try to effectively address them. Recent survey results, for example, have indicated that two of the primary obstacles to using our parks and recreation facilities is the shortage of parking and traffic congestion.

Along with riding your bike and walking, there are various new ways you can get to the Community Center and parks. For one, the Village now offers Freebee on the Key, a new and expanded on-demand ride service that uses environmentally friendly, five-passenger, low-speed vehicles to shuttle residents around the Key. The service is available 8 a.m.-8 p.m. Sunday-Thursday and 10 a.m.-10 p.m. Friday and Saturday. To request a ride, download the free app available for iPhones and Android devices, or just flag down a Freebee vehicle. In addition to Freebee on the Key, we also offer LimeBike, a new bike sharing program, as well as free transportation for seniors on select days — so residents have many options at their disposal.

Lastly, residents should be aware that we will begin to investigate the final expansion of the Community Center in the weeks and months to come. Watch out for more on that as information becomes available.

Sincerely,

Todd Hofferberth Director, Parks & Recreation

Membership Information

Be an Active Islander – Join the Key Biscayne Community Center! Just follow these easy steps:



Complete the Community Center membership application

Forms are available at the front desk by calling 305-365-8900 or online at www.activeislander.org.



Show proof of residency

Proof of residency is required when applying for membership. A photo ID plus one of the following is acceptable as proof of residency: current vehicle registration certificate; copy of current real property tax bill or deed; certificate or letter from the Internal Revenue Service; current utility bill; tenants must bring a current lease; a yearly lease is required for an annual membership.



Pay the membership fee*

Membership can be paid by cash, check or credit card. Checks should be made payable to the Village of Key Biscayne.

Membership Categories

| Category | Daily Resident | Daily Guest | Monthly | Yearly |
|--------------------------|-----------------------|--------------------|---------|--------|
| Adults | \$9 | \$13 | \$55 | \$300 |
| Youth (10-18) | \$6 | \$9 | \$22 | \$130 |
| Senior (65+) | \$6 | \$9 | \$30 | \$200 |
| Student (19-25) | \$7 | \$10 | \$35 | \$220 |
| Couple | N/A | N/A | \$85 | \$385 |
| Senior Couple (both 65+) | N/A | N/A | \$50 | \$300 |
| Family (4 members) | N/A | N/A | \$110 | \$525 |

*Note: Membership fees are subject to change.

Membership Category Descriptions

Adults—An adult membership is available to residents between the ages of 19 and 64, unless they are 25 or younger and currently enrolled in school.

Youth—A youth membership is available to any resident between the ages of 10 and 18.

Senior—A senior membership is available to any resident who is 65 or older.

Student—Any resident who is between the ages of 19 and 25 can apply for the student membership with proof of current school enrollment.

Couple—Any two individuals who reside at the same address may join as a couple. This would include one child and one adult or two adults.

Senior Couple—To qualify for a senior couple membership, both individuals must be 65 or older. If only one individual is over 65, the couple membership would apply.

Family—A family consists of up to four individuals, including no more than two adults who reside together. Families with more than four individuals may add additional family members at 50 percent off. Therefore, a family of five may add a third child for \$65.

Cancellation/Refund Policy

It's our goal to ensure that you enjoy our recreation programs. Therefore, if you are not completely satisfied with a class or program or are unable to participate for medical reasons, please contact us immediately. Credits or refunds will be considered for anyone who makes a request before the start of the second class or program. Requests received after the start of the second class or program may entitle the participant to a prorated refund. No refund or credit requests will be considered after an activity or program has concluded. Certain Trips and Tours may be transferable but non-refundable (please check with the Front Desk). Group Exercise Punch Passes are non-transferable and non-refundable. Community Center memberships are non-transferable and non-refundable.

Rules and Regulations

Key Biscayne Community Center Policies

- Membership in the Key Biscayne Community Center is limited to Key Biscayne residents and employees of the Village of Key Biscayne.
- Residents who are not yearly or monthly members may use all Community Center amenities by purchasing a daily membership.
 The cost of a daily membership may be applied to the purchase of an annual membership if purchased that day.
- Daily membership for residents is not required for limited access to the building.
- Members must scan their membership ID card when entering the building
- Children age 10 and older are allowed to enter the Community Center with their membership ID card.
- Children under the age of 10 must be accompanied by an adult (16 or older) or must be enrolled and attending a program to enter the Community Center.
- Access to the Wellness Center is restricted to members and guests ages 16 and older.
- There is no charge for a caregiver who accompanies a member, as long as the caregiver does not use the facility. The caregiver must stay with the member at all times.
- Village of Key Biscayne staff members are authorized to forbid access to the Community Center and request removal from the facility of any individual in the case of misconduct.

Code of Conduct

All participants in the Community Center are expected to behave in such a manner as not to disturb others using the facility. Please adhere to the following code of conduct in and around the building:

- No foul or abusive language
- . No fighting or rough play
- No glass containers
- · No tobacco products
- No pets
- No weapons
- No alcohol
- No bouncing basketballs outside the gymnasium
- Activity appropriate footwear required on gymnasium or dance floors
- · Appropriate clothing required
- . No running or bouncing balls in hallways, stairwells or near pool

Failure to follow this code of conduct could result in disciplinary action, including removal from the facility and/or suspension or cancellation of membership.

Guest Policy

- Guests must be accompanied by a resident who has purchased a yearly, monthly or daily membership.
- Guests must register at the front desk and must purchase a quest pass.
- Guest passes are non-refundable.
- A maximum of two guests per member can be brought per day, unless special arrangements are made in advance.

Toddler Room Drop-In Care Policies

- 1. Drop-in care is for children one to five years of age (no exceptions).
- 2. Parents must sign in their child.
- 3. Punch Passes must be purchased at the front desk.

Member pass for 10 hours: \$70 Member pass per hour: \$7 Non-member one-hour pass: \$10

- 4. Drop-in care is on a first-come, first-serve basis.
- **5.** There is an eight-to-one and a 15-to-two ratio: We reserve the right to reduce that limit if the number of younger children is too high.
- **6.** There is a two-hour maximum time slot for each child (no exceptions).
- 7. Parents or guardians are responsible for all diaper changes.
- Parents must be in the Key Biscayne Community Center while their child is in childcare.
- 9. Sick children will be denied entry to the drop-in program.
- **10.** If a child is acting in an inappropriate or disrespectful manner, the parents will be called to remove the child.

Toddler Room Drop-In Care Hours of Operation

Monday - Friday 8:00 a.m.-12:00 noon

4:00 p.m.-8:00 p.m.

Saturday and Sunday Closed

- A guest may attend the Community Center a maximum of 12 times per calendar year.
- A guest may register for a class or activity provided space is available the day of the class.
- Members are responsible for the conduct of their guests, including supervision of children. Members will be responsible for any damage to equipment or facilities caused by their guests.
- A member who brings a guest who is disruptive and/or breaks the code of conduct may be subject to losing any and all privileges.

Refund Policy

It's our goal to ensure that you enjoy our recreation programs. Therefore, if you are not completely satisfied with a class or program or are unable to participate for medical reasons, please contact us immediately. Credits or refunds will be considered for anyone who makes a request before the start of the second class or program. Requests received after the start of the second class or program may entitle the participant to a prorated refund. No refund or credit requests will be considered after an activity or program has concluded. Certain Trips and Tours may be transferable but non-refundable (please check with the Front Desk). Group Exercise Punch Passes are non-transferable and non-refundable. Community Center memberships are non-transferable and non-refundable.

ADA Policy

The Village of Key Biscayne gladly complies with the provisions of the Americans with Disabilities Act. Persons needing reasonable accommodation to attend or participate in any program may call 305-365-8900. Please allow two weeks prior to the activity or need of assistance to accommodate the request.







ARTS & CRAFTS

Art Lab for Toddlers (ages 18 months-3 years)

Children will be encouraged to develop their natural potential, curiosity and interest. Toddlers will be introduced to a variety of art materials: paint, clay, paper, wire, fabrics and much more. By exploring these materials, children will learn their endless possibilities while having fun creating experimental art pieces. Limit of 15 students per class. Class fee includes all materials and take-home projects. For more information, please contact YupiAtPlay@gmail.com.

| Instructor | Yupi Instructor |
|------------------------|---|
| Days | Tuesdays |
| Time | 10:30-11:15 a.m. |
| Session 1 Session 2 | September 4-October 16 (7 weeks) October 23-December 11 (7 weeks; no class November 6) |
| Days | Thursdays |
| Time | 4:00-4:45 p.m. |
| Session 1 Session 2 | September 6-October 18 (7 weeks) October 25-December 13 (7 weeks; no class November 22) |
| Member Fee | \$175 |
| Non-Member Fee | \$210 |



Art Lab for Pre-Schoolers (ages 3-5 years)

Children will embark on an art adventure through the exploration of different techniques like collage, painting, print-making, mosaic, sculpture and drawing. Paint, clay, paper, wire and fabrics are some of the materials that will be used to create art pieces. Session includes individual as well as group projects in an environment that encourages curiosity, imagination, problem solving and creativity. Children will be inspired to begin their own artistic journey. Limit of 15 students per class. Class fee includes all materials and take-home projects. For more information, please contact YupiAtPlay@gmail.com.

| Instructor | Yupi Instructor |
|------------------------|---|
| Days | Tuesdays |
| Time | 5:00-6:00 p.m. |
| Session 1 Session 2 | September 4-October 16 (7 weeks) October 23–December 11 (7 weeks; no class November 6) |
| Days | Thursdays |
| Time | 5:00-6:00 p.m. |
| Session 1 Session 2 | September 6-October 18 (7 weeks) October 25-December 13 (7 weeks; no class November 22) |
| Member Fee | \$210 |
| Non-Member Fee | \$252 |



| WEEKLY CLASS SCHED | ULE | | |
|---------------------------|---------------------|-----------------|---------------------|
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
| 4:30 p.m. | 10:30 a.m. | 4:00 p.m. | 4:00 p.m. |
| Art Studio | Art Lab | Clay Studio | Art Lab |
| ages 5-8 years | ages 18 mos-3 years | ages 6-12 years | ages 18 mos-3 years |
| 6:00 p.m. | 5:00 p.m. | | 5:00 p.m. |
| Art Studio | Art Lab | | Art Lab |
| ages 8-12 years | ages 3-5 years | | ages 3-5 years |

Art Studio for Kids (ages 5-8 years)

Children will not only learn about the most influential art movements and artists in history, but also participate and enjoy hands-on projects by exploring artists like Picasso, Matisse and Van Gogh. Through drawing, painting, collage, printmaking, sculpture and other materials and techniques, children will develop skills while working from still-life and imagination. Students will also explore a variety of media, including charcoal, paint, ink, clay and more. Limit of 15 students per class. Class fee includes a sketchbook, all materials and take-home projects. For more information, please contact Laura@LauraVillarreal.com.

| Days | Mondays 4:30-5:45 p.m. Laura Villarreal | | |
|------------|---|--|--|
| Time | | | |
| Instructor | | | |
| | | | |

Session 1 August 27-October 15

(7 weeks; no class Sep. 3)

Session 2 October 22-December 10 (7 weeks; no class Nov. 12)

Member Fee \$280 Non-Member Fee \$336

Art Studio for Kids (ages 8-12 years)

Students will enjoy an in-depth artistic experience through the exploration of art history, the elements of art and the principles of design. Students will use their creativity to build their own art pieces, applying the knowledge acquired into the disciplines of drawing, painting and sculpture. Individual expression is strongly encouraged. Limit of 15 students per class. Class fee includes a sketch-sbook, all materials and take-home projects. For more information, please contact Laura@LauraVillarreal.com.

| Days | Mondays | |
|------------|------------------|--|
| Time | 6:00-7:15 p.m. | |
| Instructor | Laura Villarreal | |

Session 1 August 27-October 15

(7 weeks; no class Sep. 3)

Session 2 October 22-December 10

(7 weeks; no class Nov. 12)

Member Fee \$280 Non-Member Fee \$336

Clay Studio (ages 6-12 years)

Children will be introduced to the magic of clay, a raw material used by ancient cultures in different periods of human expression. Through the use of clay, students will explore a variety of hand-building, texturing, glazing and firing methods for stoneware clay. They will become aware of the nuances of shaping clay with their hands and learn how to create 3-dimensional forms through experimentation of this ancestral material. Limit of 15 students per class. Class includes all materials and take-home projects. For more information, please contact Laura@LauraVillarreal.com.

| Days | Wednesdays |
|------------|-----------------------|
| Time | 4:00-5:00 p.m. |
| Instructor | Guadalupe Lopez Reyna |

Session 1 August 29-October 17 (8 weeks)

Session 2 August 29-October 17 (8 Weeks Session 2

(7 weeks; no class Nov. 21)

Member Fee \$280 (Session 1)

\$245 (Session 2)

Non-Member Fee \$336 (Session 1)

\$294 (Session 2)





Recycled Art Workshops

Key Biscayne resident and artist Cristina Escobar offers these creative workshops designed for young and energetic minds that want to innovate with recycled materials. Students will deconstruct electronic pieces, think outside the box, recycle and transform materials to conceive unique pieces of art. Materials are included in workshop fee, but participants are strongly encouraged to bring old electronics to be recycled and incorporated into art. For more information, contact Cristina at

For more information, contact Cristina at CristinaEscobar@mac.com or 305-510-3699.

Ages 10-17 years

Time 9:30 a.m.-12:00 noon

Dates Saturdays: September 15, October 13, November 3 & December 1

Location Arts & Crafts Room Instructor Cristina Escobar

Member Fee \$55 each
Non-Member Fee \$66 each



BABY AND TODDLER

Mommy and Me

A multi-sensory bilingual program created for little ones and their loving parent or caregiver. The class offers developmentally appropriate experiences through discovery and exploration while playing with non-conventional materials such as feathers, cardboard and fabrics among others. Each class includes a circle time with stories, songs and puppetry. The program promotes social, emotional, cognitive and physical growth with no formulas to follow just lots of time to giggle and grow. Limit of 15 students per class. For more information, please contact YupiAtPlay@gmail.com.

Ages 8 months-3 years

Days Wednesdays and Fridays

Time 9:30-10:30 a.m.

Location Game Room **Instructor** Yupi Instructor

Session 1 September 5-October 19 (7 weeks)
Session 2 October 24-December 14

(7 weeks; no class Nov. 21 or 23)

 Member Fee
 \$175 (1x/week) or \$308 (2x/week)

 Non-Member Fee
 \$210 (1x/week) or \$369 (2x/week)



Give your child the gift of music! This program provides an opportunity for young children to experience, explore and create music in a relaxed and playful environment. Classes meet once a week for 45 minutes and allow students to sing, chant, move, dance and jam! Sessions are 5 weeks long and may not be pro-rated.

Ages 1 year and up

Days Mondays

Time 10:00-10:45 a.m.

Location Game Room

Instructor KMM Instructor

Session 1 August 27-October 1

(no class Sep. 3)

Session 2 October 8-November 5
Session 3 November 19-December 17

Member Fee\$113/session or \$25/classNon-Member Fee\$137/session or \$30/class







MUSIC & PERFORMING ARTS

Ultimate Guitar

This class is designed for young guitar players who are just discovering their love of the instrument or are already at an intermediate level. Taught using a highly effective curriculum, this class uses a multi-style approach, which focuses on correct technique and music reading. Children will have fun in a relaxed environment where they can play their favorite songs. Please bring your own guitar. Sessions are 5 weeks long.

| Ages | 8 years and up | |
|------------|-----------------|--|
| Location | Island Room | |
| Instructor | Angeles Padilla | |

Member Fee \$119 Non-Member Fee \$143

Monday Classes

Time 6:00-7:00 p.m. (Int/Adv)

Session 1 August 27-October 1

(no class Sep. 3)

Session 2 October 8-November 5
Session 3 November 12-December 10

(Nov. 12 class will be rescheduled)

Wednesday Classes

 Time
 2:30-3:30 p.m. (Beginner)

 Time
 3:30-4:30 p.m. (Intermediate)

Session 1 August 29-September 26

Session 2 October 3-31

Session 3 November 7-December 12

(pro-rated)





KB STRINGS ORCHESTRA

KB Strings offers a Suzuki Fusion String Ensemble Method with the best practices of classical string techniques. Group lessons and rehearsals are fun and exciting with this strings program. Choose from violin, viola, cello or bass. Previous experience and/or audition are required for placement in the Advanced String Ensemble. Instrumental private lessons are recommended and available. For more information, please visit www.KBStrings.MyMusicStaff.com or call Samantha at 305-407-4128.

Advanced String Ensemble

Ages 6 years and up (by audition only)

DaysThursdaysTime7:00-8:00 p.m.LocationIsland RoomInstructorKB Strings Instructor

Session August 30-December 20

(no class November 15 or 22)

Member Fee \$450 Non-Member Fee \$540 Payment Policy: Students may attend group classes with approval from Ali Larson. Interested musicians are allowed to sit in on one trial class without payment. If the student decides to register for the class, the trial class is included in the session tuition. Refunds will not be given after the session has begun. Reservation of a student's space in class will be confirmed by receipt of payment only. Tuition is paid per session only, however classes can be prorated with permission from Ali Larson.













MAKER & ENGINEERING WORKSHOPS

Kid Archimedes offers hands-on, creative activities and projects that blend art, science and engineering. From tabletop structures built with magnets, or plastic or wood pieces (e.g., tiny LEGOs and marble runs) to adult-size structures built with giant LEGOs, multicolored PVC tubes and connectors, or cardboard boxes with plastic tools and screws to air-launched paper rockets to classics like spin art and bracelet-making, the options for free, creative, loose parts play that combines a bit of science, engineering, art and "making" are nearly endless! Summed up—if you want to play with something, build it; if it doesn't work, fix it; if it works, make it work better! Please register in advance as these workshops require a minimum of 10 students. Refunds or credits must be requested at least 24 hours in advance of each workshop. For more information, visit www.KidArchimedes.com or email KidArchimedes@gmail.com.

Ages 4-10 years (girls & boys)

Dates Saturdays: September 22,

October 20, November 17

& December 8

Time 10:00 a.m.-12:00 noon
Location Arts & Crafts Room
Instructor Kid Archimedes

Member Fee \$45 each
Non-Member Fee \$54 each



SPECIAL PROGRAMS

Homework Club

Catch up on class work or fine-tune your academic skills with this after school club.

Ages Grades 1-8

Days Mondays-Thursdays

Time After School Location Game Room

Member Fee Free
Non-Member Fee \$6 per day

Dodgeball Club

Have fun with this club for dodgeball fanatics.

AgesGrades 3-8DaysWednesdaysTime2:30 p.m.LocationGymnasium

Fee Every child pays \$5 per month

Jewelry Design

Create customized, stylish jewelry that's ready for you and your friends to wear! Choose from a huge selection of hot colors, textures and unique beads to make one-of-a-kind pieces. Judi Koslen has been sharing her jewelry-making expertise with Key Biscayners of all ages for decades and will gladly help you unleash your creativity. Basic materials are included in the class fee.

Ages 4 years and up

Days Mondays, Tuesdays and Thursdays

Time 3:00-6:00 p.m.
Location Second Floor Lobby

Instructor Judi Koslen

Session Ongoing

Member Fee \$10 per class Non-Member Fee \$12 per class



Youth & Teen STEM Programs

ROBOTICS & CODING

Coding for Beginners & Intermediate

Coding enables us to create computer software, applications ("apps") and websites. Your browser, operating system (OS) and the apps on your phone are all made using code. Learning to code enables children to develop logical thinking and improve problem-solving skills. It also helps them understand computer technology in our automated world. Students will learn algorithms, binary code, debugging and functions. They will also become proficient using Scratch, a program used to make games, art and animated stories. Class is limited to 15 students. For questions, please visit www.RoboTecnica.Weebly.com or contact Ms. Valle at 305-799-6242.

Ages6-10 yearsDaysTuesdaysTime4:00-5:00 p.m.LocationComputer LabInstructorMaria Teresa Valle

Session September 4-November 20

(no class Nov. 6)

Member Fee\$198 (11 classes)Non-Member Fee\$238 (11 classes)

LEGO® Robotics Workshops

Whether you are a beginner or an advanced robot builder, we'll teach you how to be an engineer by learning basics in programming, playing with LEGOS®, building sturdy robots and giving you more practice time. Class fee includes the cost of materials. Refunds or credits must be requested at least 24 hours in advance of each workshop.

Ages 6-12 years
Time 2:00-5:00 p.m.
Location Arts & Crafts Room
Dates Saturdays: September 8,
September 29, October 13,

October 27, November 17

& December 1 Maria Teresa Valle

Member Fee \$60 each Non-Member Fee \$72 each

Instructor









Acting for Television

Mastering the craft of acting demands a strong technical foundation. This new class is structured to introduce children and teens to the essentials of filmmaking while creating a fun and supportive environment where they can pursue their passion. Hands-on activities include the safe use of digital cameras, portable lighting and microphones. Class topics include: Acting for Film, Acting Technique, Film Craft, Text Analysis, Speech, Voice and Movement, Improvisation, Business of Acting and Audition Technique. Over the past 4 years, Same Tag Television Arts Group has built a reputation as one of Miami's premier acting schools. The project-based curriculum is designed to reflect a real-world environment while encouraging students to explore their own creativity and passions. For more information, email Contact@SameTagTV.com or call 305-986-8966.

Ages 7-11 years

Days Fridays

Time 4:00-6:00 p.m.

Location Island Room

Instructor Same Tag Television Arts Group

Session 1August 24-September 14Session 2September 21-October 12Session 3October 19-November 9Session 4November 16-December 14

(no class Nov. 23)

Member Fee\$220/session or \$70/classNon-Member Fee\$264/session or \$84/class



Photo courtesy of Evelyn Diaz Photography

Chess Academy

Capablanca Chess Academy is proud to offer a chess program created by USCF Certified Chess Coach, Yaimy Chavez. Students will learn about the chessboard and how to move the pieces, as well as piece value, chess notation, opening principles, basic tactics and strategies, check, how to get out of check and how to do checkmate. Advanced students will learn opening theories, strategies, tactics, end-game techniques and checkmate patterns. Participants will also have the opportunity to play with other players and receive feedback from a coach. For more information, contact Ms. Chavez at Info@CapablancaChessAcademy.com or 305-494-8600.

Ages 6-13 years

Days Mondays

Time 5:00-6:00 p.m.

Location Island Room

Instructor Capablanca Chess Academy

Session 1 September 17-October 29
Session 2 November 5-December 17

(no class Nov. 12)

Member Fee \$175 (Session 1)

\$150 (Session 2)

Non-Member Fee \$210 (Session 1)

\$180 (Session 2)





Youth Dance Programs

Hip Hop Kidz & Teenz

Learn the latest hip-hop choreography to the coolest music from shows like *So You Think You Can Dance* and *America's Best Dance Crew* in a fun, creative and easy-to-learn atmosphere. In this class, students will learn and understand musical beats and perform to awesome choreography as if they were dancing in their very own music video. Students will attain a heightened sense of self-esteem and body awareness, make new friends and learn to work as a team. Students enrolled will have the opportunity to participate in a year-end showcase and amazing community performances.

DaysWednesdaysLocationIsland RoomInstructorAli Rae

Session 1 September 5-October 17
Session 2 October 24-December 19
(no class Oct. 31 or Nov. 21)

Hip Hop Kidz (ages 6-11 years)

Time 4:00-5:00 p.m.

Member Fee \$140 Non-Member Fee \$168

Hip Hop Teenz (ages 12-18 years)

Time 5:00-6:30 p.m.

Member Fee \$175 Non-Member Fee \$210



Flamenco for Kids

This program explores the wonderful art of flamenco dance, percussion, singing, guitar, culture, language and history. Furia Flamenca is the leading dance studio in Miami offering a unique curriculum specifically designed for flamenco dance. Together with some of the best flamenco dance teachers from Spain, Furia Flamenca has created a full educational program that will make children fall in love with this unique dance form. For more information, contact Ana Hidalgo at Info@FuriaFlamenca.com.

 Days
 Thursdays

 Time
 4:00-5:00 p.m. (ages 3-5 years)

 Time
 5:00-6:00 p.m. (ages 6-10 years)

 Time
 6:00-7:00 p.m. (ages 9-12 years)

Location Island Room **Instructor** Furia Flamenca

Session 1 August 23-October 11
Session 2 October 18-December 20
(no class Nov. 15 or 22)

Member Fee \$170 Non-Member Fee \$204



Broadway Musical Theatre Program





The Broadway Musical Theatre (BMT) Program, named "one of the best theatre programs in the country" by critic Richard Cameron, presents a theatre program that trains students to become triple threat performers: unparalleled actors, singers and dancers! Each class will consist of the technical aspects of ballet, jazz, tap and improvisation to learn the various styles and choreographies of Broadway's most famous musicals. In the beginning levels, fundamental technique and style will be introduced in the three areas (dance, song and acting). In the more advanced levels, a range of styles, sophisticated technique and vocal performance will be the focus. For more information, visit www.Facebook.com/BroadwayMusicalTheatre.

Session August 20-December 15

(16 weeks; no class Sep. 3, Nov. 6,

Nov. 12 & Nov. 19-24)

Location Dance Studio

Broadway Group 1

Ages 5-6 years

Days Mondays & Wednesdays

Time 3:30-4:30 p.m.

Member Fee \$650 Non-Member Fee \$780

Broadway Group 2

Ages 7-8 years

Days Tuesdays, Thursdays & Fridays

Time 3:30-4:30 p.m.

Member Fee \$750 Non-Member Fee \$900

Broadway Group 3

Ages 9-10 years

Days/TimeTuesdays, 4:30-5:30 p.m.Days/TimeThursdays, 4:30-5:30 p.m.Days/TimeFridays, 4:30-6:00 p.m.

Member Fee \$750 Non-Member Fee \$900

Broadway Group 4

Ages 11-14 years

Days/TimeMondays, 4:30-5:30 p.m.Days/TimeWednesdays, 4:15-5:30 p.m.Days/TimeFridays, 4:30-6:00 p.m.Days/TimeSaturdays, 12:30-3:30 p.m.

(select days)

Member Fee \$750 Non-Member Fee \$900





Maria Verdeja School of the Arts

The Maria Verdeja School of the Arts has been serving the Miami community for more than three decades at three dance studios. They proudly offer classes in various dance styles, including ballet, pointe, jazz, contemporary, tap, acro and ballroom. Experienced and first-time dancers are welcomed to join the program.

Classical Ballet

Considered the foundation to all dance forms, Classical Ballet is the contrast between strong leg movements and the graceful upper body. Technique is based on body alignment, proper placement and posture. Barre and center floor work are combined with choreography combinations to teach musicality, rhythm, coordination and flexibility. *Participants are required to take ballet twice per week.

Contemporary

Contemporary dance utilizes both the strong and controlled legwork of ballet and modern dance's stress on the torso and employs contact-release, floor work, fall and recovery and improvisation characteristic of modern dance. Unpredictable changes in rhythm, speed and direction are also used. Dancers use motion to interpret music and express emotion.

Jazz Funk

An exciting and derivative style that incorporates both elements and techniques of jazz and hip-hop. Choreography and energetic skills such as high kicks and large jumps are taught to pop and hip-hop music.

Tap

A form of dance that uses quick and precise footwork to create rhythmic sounds and syncopation with the tap shoe. This is a lively, rhythmic dance style that makes the performer not just a dancer, but also a percussive musician.

Acro

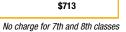
This tumbling course develops balance, coordination, strength and elasticity by perfecting skills in dance stunts and flips.

Latin Ballroom

Experience the excitement, glamour and challenge of Ballroom and Latin dancing, including the Waltz, Foxtrot, Tango, Swing, Samba, Flamenco, Cha-Cha-Cha, Rumba, Merengue and Salsa. Students will be introduced to a wide variety of dances and rhythms and learn good poise, proper placement of arms and footwork.

Session 1 August 20-October 18 (no class Sep. 3)
Session 2 October 22-December 20
(no class Oct. 31; Nov. 6, 12, 21 & 22)

| FEES | 9-Week Session Fee | | |
|--------------|--------------------|-------|--|
| Classes/Week | Member Non-Member | | |
| 1 class | \$207 | \$248 | |
| 2 classes | \$333 | \$400 | |
| 3 classes | \$405 | \$486 | |
| 4 classes | \$486 | \$583 | |
| 5 classes | \$540 | \$648 | |



Additional Fees: Information about annual registration, uniforms and costume fees are provided by instructors. These fees are paid directly to Maria Verdeja School of the Arts.

\$594

6 classes

| GROUP LEVELS | |
|----------------------|--|
| Grade | Group |
| Pre-K3 | WHITE: Ballet |
| Pre-K4 | BLUE: Ballet/Jazz 2-3 |
| Kindergarten | PEACH: Ballet/Jazz 2-3/Acro 3-4/Tap 3-4-5 |
| 1st - 2nd Grade | ROSE: Ballet/Jazz 4/Acro 3-4/Tap 3-4-5 |
| 3rd - 4th Grade | ROYAL: Ballet/Jazz 5/Acro 5/Tap 3-4-5/ Cont 5 |
| 5th - 6th Grade | GREEN: Ballet/Jazz 6/Acro 6/Tap 6-7/ Cont 6/Ballroom |
| 7th - 12th Grade | SILVER: Ballet/Jazz 7/Acro 7/Tap 6-7/ Cont 7/Ballroom |
| Placed by Instructor | Pointe |













YOUTH FITNESS & SPORTS

Triathlon for Kids & Teens

Tri4Kidz Youth Triathlon Team was founded in 2009 and is managed by USA Triathlon Level 1 and Youth and Junior Certified Coach Liliana "Lilly" Montes. As the first United States Triathlon Association (USAT) Triathlon Sanctioned Club in South Florida, this family-oriented, recreational and competitive triathlon club for youth nurtures growth and development both in the sport of triathlon and in living a healthy lifestyle. The program is open to children ages 6 to 16, and while previous experience is not necessary, participants should be able to swim 25 yards using the freestyle stroke, confidently ride a bike without training wheels and run for 10 minutes continuously. Participants must use a bicycle helmet and must sign a waiver when registering. New participants MUST be evaluated prior to registering. Evaluations will take place at 9:30 a.m. at the Community Center on Saturdays: September 29, October 27 and December 1. For more information, visit www.Tri4Kidz.com or contact Coach Lilly at Info@Tri4Kidz. com or 786-873-1234.

| Ages | Tri4Kidz (ages 6-11 years) Tri4Teenz (ages 12-16 years) Advanced Team (ages 9-17 years) |
|----------------|---|
| Instructor | Liliana Montes |
| Session 1 | August 20-September 29 |
| | (pro-rated; no class Sep. 3) |
| Session 2 | October 1-27 |
| Session 3 | October 29-November 24 |
| | (no class Nov. 12 or 22) |
| Session 4 | November 26-December 20 |
| Member Fee | \$180 (2x/week) |
| | \$215 (3-4x/week) |
| | \$225 (5x/week) |
| Non-Member Fee | \$216 (2x/week) |
| | \$258 (3-4x/week) |
| | \$270 (5x/week) |
| | |

| TRIATHLON FOR KIDS & TEENS WEEKLY SCHEDULE | | | | |
|--|-----------------------|-----------------------|-----------------------|--------------------------------------|
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | SATURDAY |
| 4:45 p.m. | 4:15 p.m. | 5:00 p.m. | 4:45 p.m. | 9:00 a.m. |
| Bike – Crandon Park | Bike – Village Green | Run – Village Green | Run – Village Green | Swim – KBCC |
| <i>Tri4Teenz</i> | <i>Tri4Kidz</i> | <i>Tri4Teenz</i> | <i>Tri4Kidz</i> | <i>Tri4Kidz</i> |
| 5:45 p.m. & 6:30 p.m. | 5:00 p.m. | 5:45 p.m. & 6:30 p.m. | 5:00 p.m. | 9:45 a.m. |
| Swim – KBCC | Bike – Village Green | Swim – KBCC | Run – Village Green | Swim – KBCC |
| <i>Tri4Kidz</i> | <i>Advanced Team</i> | <i>Tri4Kidz</i> | <i>Advanced Team</i> | <i>Tri4Teenz & Advanced Team</i> |
| 7:15 p.m. | 6:30 p.m. & 7:45 p.m. | 7:15 p.m. | 6:30 p.m. & 7:45 p.m. | |
| Swim – KBCC | Swim – KBCC | Swim – KBCC | Swim – KBCC | |
| Advanced Team | <i>Tri4Teenz</i> | <i>Advanced Team</i> | <i>Tri4Teenz</i> | |





Young Athletes Inclusive Sports Program for Toddlers

The Young Athletes Program (YAP) is an inclusive early childhood sports play program that includes games, songs and other fun physical activities for young children. YAP unites children with and without disabilities to play together as they practice and engage in basic sports skills. Young Athletes learn basic sports skills to help prepare them to participate in traditional sports programs when they are older, such as those offered by the Village of Key Biscayne and Special Olympics. Participants also develop motor, social, language and cognitive skills that are important for success in life beyond the athletic arena. Motor development activities improve balance, flexibility, strength and coordination as they practice their sports skills. For more information, please visit www.SpecialOlympics.org/ Young-Athletes. Parents/caregivers must be able to stay and participate with their children. Pre-registration at the Front Desk is required.

Ages 2½ to 5 years

Days Tuesdays and Thursdays

Time 4:15-4:45 p.m.
Location Adult Lounge
Instructor YAP Coach

Session September 4-November 29

(no class Nov. 6, 20 or 22)

Free with pre-registration







GYMNASTICS

Join the American Gymsters coaches and staff for an outrageously good time! Boys and girls of all gymnastics skill levels will have a great time working on the vault, beam, bars, floor and trampoline... along with other fun activities!

| Ages | 4 years and up | Days | Tuesdays |
|----------------|------------------------------------|-------------------|------------------|
| Location | Gymnasium | Times | |
| Session 1 | August 21-October 13 | Kinder | 3:30-4:25 p.m. |
| 36221011 I | • | Beginners | 4:30-5:25 p.m. |
| | (no class Aug. 28: | Intermediate | 5:30-6:25 p.m. |
| 0 | rescheduled for Aug. 30) | Advanced & | |
| Session 2 | October 16-December 22 (pro-rated) | Pre-Team | 6:30-8:00 p.m. |
| | (no class Nov. 6: | Days | Saturdays |
| | rescheduled for Nov. 8; | Times | |
| | no class Nov. 20 or 24) | Kinder, Beginners | |
| Member Fee | \$200 (1x/week) | & Intermediate | 9:00-10:00 a.m. |
| | \$360 (2x/week) | Advanced & | |
| Non-Member Fee | \$240 (1x/week) | Pre-Team | 10:00-11:30 a.m. |
| | \$430 (2x/week) | America | án |



Additional Insurance Payment

\$70 per year (made payable to American Gymsters)

Fall & Winter Break Camps



RAT'S DAY OFF (TEACHER PLANNING DAYS)

When Key Rats are off from school for teacher planning days and school breaks, they can spend the day having fun in a safe environment. Each full-day program offers a variety of activities, which may include arts and crafts, games, sports, dancing, and much more. Lunch is not included, so please don't forget to bring your own. Please register in advance to ensure proper staffing and child supervision.

Ages K-8th Grades
Time 8:00 a.m.-3:00 p.m.
Dates Monday, September 10

Wednesday, September 19 Friday, October 26 Tuesday, November 6

Wednesday, November 21

Member Fee \$40 per day Late Care

\$48 per day

Non-Member Fee

Late Care3:00-6:00 p.m.Member Fee\$15 per dayNon-Member Fee\$18 per day



SCIENCE & ART CAMP

This camp offers fun, hands-on and interactive activities led by the professional staff of Nutty Scientists™. They use a unique, award-winning methodology that includes a science, technology, engineering, art and mathematics (STEAM) curriculum. Your child's imagination will be sparked with fun science experiments. Camp fee includes all materials. Lunch is not included and pro-rating is not allowed.

Ages5-10 yearsDaysWednesday-FridayTime9:00 a.m.-1:00 p.m.LocationArts & Crafts RoomInstructorNutty Scientists™

Session 1 December 26-28
Session 2 January 2-4

Member Fee \$90 Non-Member Fee \$108

MARINE BIOLOGY CAMP

Gerard Loisel, former NSU professor, has taught marine biology to students of all ages for more than four decades and was the host of the PBS television series *Marine Aquarium World*. During camp kids will explore the intertidal zone at Bear Cut, learn about interesting marine animals, visit Bill Baggs State Park, learn to tag fish for scientific research and much more. Participants must register for entire session (pro-rating is not allowed).

Ages8-14 yearsDaysWednesday-FridayTime9:00 a.m.-1:00 p.m.InstructorGerard Loisel

January 2-4

Member Fee \$105 Non-Member Fee \$126

SPORTS CAMP

Session

Whether you're a sports pro or want to learn some new skills, you'll have a blast in Tony Goudie's sports camps. Tony offers a fun-filled, non-competitive camp experience where you'll make new friends and memories to last a lifetime.

Ages 6-14 years

Time 10:00 a.m.-2:00 p.m.

Location Gymnasium & Village Green

Instructor Tony Goudie

Session December 31-January 4 (no camp Jan. 1)

Member Fee \$128/session or \$40/day Non-Member Fee \$154/session or \$48/day

ATHLETICS

The Village of Key Biscayne and the Youth Athletics Advisory Board have developed policies, procedures, fees and registration deadlines for new and returning players. Please visit www.Activelslander.org or call the Athletics Department at 305-365-8900 for more information. Proof of Key Biscayne residency is required to register at the resident rate.

RUGBY

AgesBoys ages 5-18RegistrationBegins in SeptemberSeasonSeptember-April

Tuesday & Thursday evenings

& Sunday mornings

Information available at www.RugbyRats.com or email Info@RugbyRats.com.

FIELD HOCKEY

Ages Boys and girls ages 5-18
Registration August 31-September 30
Contember April

Season September-April

E-mail KBFieldHockey@gmail.com for more information.

TRACK & FIELD

Ages 6-12 years

Days Mondays & Fridays

Time3:30 p.m.DaysWednesdaysTime2:30 p.m.

Location Key Biscayne K-8 Center

Sessions August 20-November 30

Flyer with additional details available at KBCC Front Desk

GIRLS VOLLEYBALL

Junior, Senior & Advanced Divisions (based on skill level)

Ages Girls ages 9-16 as of September 1
Registration August 2-8 (Returning players only)

August 9-17 (Open registration)

Evaluations TBA

Season September 10-November 16

Monday, Wednesday & Friday

evenings

E-mail Coach Johanna Guma-Aguiar for more information: JGumaAquiar@KBGirlsVolleyball.com

CO-ED BASKETBALL

Ages Boys and girls ages 5-17 as of September 1

Registration September 1-November 14

Evaluations TBA

Season November 26-March 8

Monday, Wednesday & Friday evenings

CO-ED BASKETBALL CLINICS

Boys and girls are invited to take their basketball skills to the next level in these Intensive Skills & Drills Basketball Clinics with JP Hoops. Kids will work intensively on becoming more agile and quick on the court while bringing their game to the next level dribbling, passing, shooting, defense and rebounding. Please wear appropriate basketball clothes and shoes and bring a water bottle. Contact Jennifer Pema at JPHoopsLLC@gmail.com or 305-775-0396 for more information.

Days Sundays

 Time
 2:00-3:00 p.m. (ages 5-7)

 Time
 3:00-4:15 p.m. (ages 8-10)

 Time
 4:15-5:30 p.m. (ages 11-14)

Location Gymnasium Instructor J.P. Hoops

Session 1 August 26-September 30 Session 2 October 7-November 11

Session 3 November 18-December 16 (pro-rated; no clinic November 25)

Member Fee\$150/session or \$30/clinicNon-Member Fee\$180/session or \$36/clinic

SOCCER

The Key Biscayne Soccer Club serves boys and girls ages 3 to 16 years of age. Programs include Pee Wee, Intramural/Recreational and Competitive Travel (tryout required).

For more information, please visit www.KeyBiscayneSoccerClub.com or email webmaster@KeyBiscayneSoccerClub.com.

Key Biscayne Basketball Academy

Gymnasium

Tony Goudie

Take part in this action-packed basketball program designed to strengthen a player's game and spirit. Boys and girls will learn good sportsmanship, develop strong playing skills and build lasting friendships.

Ages6-14 yearsSessions4-week sessionsDaysMondays and Fridaysbegin August 20

 Beginners
 3:00-4:00 p.m.
 Member Fee Non-Member Fee
 \$150

 Intermediate
 4:00-5:00 p.m.
 Non-Member Fee \$180



KEY RISCA

Location

Instructor

Team Key Aquatics



Interested in joining TKA?

Please contact Coach Gaby at 786-200-6717 prior to registering.

Practice days and times are subject to change.

For more information about TKA and the programs we offer, please visit www. TeamKeyAquatics.com and connect with us on Instagram @TeamKeyAquatics.







If you love swimming and are willing to work hard to develop and maximize your competitive aquatic skills, then Team Key Aquatic's (TKA) SwimFit and Water Polo are definitely for you! Through aquatic sports, TKA strives to foster the growth and development of each athlete, regardless of age or ability, in a dynamic environment that encourages goal-setting, dedication, hard work, discipline and a personal commitment to the pursuit of excellence.

TKA's Swimfit is a conditioning program that mixes swimming, running, push-ups, sit-ups, squats and other functional movements. TKA athletes are coached to swim freestyle, breaststroke, butterfly and backstroke. The group workouts are short, highly intense and constantly changing, making them fun yet challenging. TKA coaches strive to make their athletes functionally fit.

TKA's Water Polo program is a combination of swimming, soccer, basketball and rugby. Playing water polo pushes your body to the limits because it requires that you swim constantly. TKA coaches focus on the development of each athlete's attitude and knowledge of the game.

| 4-Week Sessions | August 20-December 21 Final session is 6 weeks and pro-rated |
|-----------------|--|
| Days | Mondays-Fridays |
| Member Fee | \$180 (1st swimmer) |
| | \$150 (2nd swimmer) |
| | \$75 (3rd swimmer) |
| Non-Member Fee | \$216 (1st swimmer) |
| | \$180 (2nd swimmer) |
| | \$90 (3rd swimmer) |

Note: 4th swimmer is free of charge

3:05 SwimFit Crew

3:05 SwimFit Crew swimmers are at least 4 years old and can swim the length of the pool unassisted. They focus on breathing bubbles and basic freestyle techniques.

Time 3:05-3:35 p.m.

3:40 SwimFit Crew

3:40 SwimFit Crew swimmers are coached on basic stroke technique, drills and exercises for freestyle and breaststroke. Focusing on these two strokes is necessary for a strong swimming foundation.

Time 3:40-4:10 p.m.

4:15 SwimFit Crew

4:15 SwimFit Crew swimmers are introduced to aerobic conditioning drills, speed work and interval training. The basics in butterfly and backstroke are coached at this level. Freestyle and breaststroke are worked on with more emphasis and technique.

Time 4:15-4:45 p.m.

4:50 SwimFit Crew

4:50 SwimFit Crew swimmers begin to work on race strategy and advanced speed and interval training. Freestyle, breaststroke, backstroke and butterfly drills and techniques are emphasized in greater detail. Training in all four strokes will prepare these swimmers for high school competitions, including the Individual Medley.

Time 4:50-5:35 p.m.

5:40 Masters Crew

Masters Crew consists of middle school, high school and adult athletes who pride themselves on swimming better and faster. Athletes benefit from interval and speed-based workouts, as well as stroke technique training in freestyle. Everyday, athletes complete a special "Workout of the Day" (WOD).

Time 5:40-6:40 p.m.

6:45 Water Polo Crew

6:45 Water Polo Crew intermediate athletes focus on proper water polo game play such as positioning and spacing while continuing to master the basics in passing and shooting techniques. Advanced athletes focus on perfecting their water polo skills and are introduced to game plays and strategies. This training helps prime young athletes for participating in their high school water polo team.

Time 6:45-7:45 p.m.



Swim Kids Swimming School

Parents & Me: Ages 4-24 months

Ideal for parents wanting to spend quality time with their babies and learn how to avoid pool hazards with babies. They will enjoy fun and musical activities such as bubbles, arm splashes and feet kicking in a playful and safe environment. Underwater activities are slowly introduced depending on the child's comfort level.

Turtles: Ages 2-3 years

Toddlers are introduced to the basics of swimming, which involves underwater bubbles, distance kicking with assistance and essential pool survival skills, such as rolling onto their back and returning to the wall in case of a fall.

Jellyfish: Ages 4-6 years

Once basic swimming survival skills are mastered, children will learn the primary kicking techniques of freestyle and breaststroke (frog), the best ways to back/front float and other fun water exercises.

Dolphins: Ages 7-9 years

The emphasis at this level is comprehensive knowledge of all the strokes; freestyle, backstroke, butterfly and breaststroke.

Sharks: Ages 10 years and up

Advanced stroke techniques are introduced at this level, followed by the development and refinement of water and land endurance, preparing the child for competition and a lifetime of physical fitness.

Class Options and Fees

Private Lessons (1 Swimmer/1 Instructor/8 Lessons)

Class Duration30 minutesMember Fee\$400Non-Member Fee\$480

Semi-Private Lessons

(2 Swimmers/1 Instructor/8 Lessons)

Class Duration 30 minutes
Member Fee \$240
Non-Member Fee \$288

Group Lessons

(3-10 Swimmers/1 Instructor/4 week session)

Class Duration 30-40 minutes

Once per week

Member Fee \$100 Non-Member Fee \$120

Twice per week

Member Fee \$160 Non-Member Fee \$192

Private and group lessons are available for adults ages 18 years and up. Please call Swim Kids for more information.

For questions or more information, please call Swim Kids at 305-365-0555 or log on to www.SwimKidSchool.com.









Pool Party Packages

For birthday parties and other special events, families, friends and guests can enjoy organized fun, including games and unique inflatables provided by Swim Kids. Pool parties at the Community Center are available on Saturdays and Sundays only.



Vero Yoga & Co. Youth & Adult Classes





EMPOWERING YOGA BY VERO YOGA & CO.

Empower yourself, get strong and get in shape, while bringing freedom to your mind with this empowering yoga program. All levels are welcome.

Key Biscayne resident Veronica Vidal is the founder of VeroYoga, a powerful blend of physical poses (asanas), breathing techniques (pranayamas), meditation and visualization techniques. "Vero" means true in Italian, VeroYoga means true yoga - traditional ancient yoga for people that live in today's world. VeroYoga's system invigorates, purifies and strengthens the body to move beyond physical and psychological barriers.

Veronica has been practicing yoga since childhood. She is certified as a yoga master by Sri Dharma Mittra from New York City. Her long list of yoga certifications include Ashtanga Yoga I, II and III; Forrest Advanced, Kundalini and Integral Yoga, among others.

Veronica studied in India at the Bihar School of Yoga. For over 25 years she has been under the personal guidance of the well-known yoga master from India, Swami Brahmavidyananda Saraswati. She teaches her method through regular classes, training teachers, as well as in workshops in the United States and abroad. For more information, please visit www.VeroYoga.com.

Member Fee \$18 per class or \$130 per ten-class punch pass Non-Member Fee \$21 per class or

\$160 per ten-class punch pass

Location Island Room Instructor Veronica Vidal

Session Ongoing beginning August 20

Gentle VeroYoga

This style of yoga is appropriate for anyone at any age or stage of life and in any physical condition: from beginners to advanced, including athletes in need of deep muscle restoration, people in search of stress-relief, seniors, pregnant women, as well as anyone dealing with injuries or specific ailments. Focus on enjoying the complimentary sensations of strength and surrender. Stretch and tone the body, improve agility and balance, and draw the focus inward to calm the mind.

Tuesdays & Thursdays **Days** Time 8:30-10:00 a.m.

Level I VeroYoga

This class stimulates flexibility and strength, oxygenation and health to every muscle, tendon, articulation and organ of the body. Main emphasis is placed on breath awareness to restore vitality, overall health and to induce a calm state of mind. All levels are welcome, including pregnant women and beginners. This class is a great complement for rigorous athletic training.

Days Mondays, Wednesdays & Fridays **Time** 8:30-10:00 a.m.

Level II VeroYoga

Take your yoga to the next level with this invigorating Vinyasa-style of VeroYoga. Be prepared to sweat, stretch and strengthen using this transformative method. Personalized attention assists you in promoting your total physical and mental well-being. This class is best suited for intermediate and advanced students.

Days Sundays Time 9:30-11:00 a.m.

VERO YOGA FOR KIDS & TEENS

In this class, boys and girls will develop strong, limber and healthy bodies while cultivating self-esteem, increasing focus and concentrationall in a relaxed and playful environment. Students will also learn how to cope with life stressors and how to effectively relax and sleep better.

Session Ongoing beginning September 4 \$12 per class or

\$100 per ten-class punch pass

\$14 per class or

Nicole Mayris

\$120 per ten-class punch pass

Location Oasis Room, 2nd Floor **VeroKids Yoga (ages 7-12)**

Tuesdays **Time** 6:30-7:30 p.m.

VeroTeens Yoga (ages 13-17)

Days Wednesdays 7:00-8:00 p.m. **Time**



Member Fee

Instructor

Non-Member Fee

Group Exercise & Yoga Classes

YOGA CLASSES

Considered both physical and mental therapy, practicing yoga has numerous benefits including improving flexibility, strength and muscle tone as well as managing stress and preventing disease. As a Community Center member, why not sign up for one of our cost-effective yoga classes and start reaping the health benefits today? No previous experience is required.

Ages 16 years and up
Location Island Room

Member Fee \$9 per class
Non-Member Fee \$15 per class

Yoga with Arbey

You'll break a sweat in this fun and challenging class that will help you build strength and flexibility of both body and mind. Each class is designed with a combination of asanas from various styles of yoga.

Days Mondays, Wednesdays and Fridays

Time 10:00-11:30 a.m. Instructor Arbey Quiceno

Yoga Core & Stretch

This class uses gentle yoga techniques and stretching to develop the abdominal core and improve flexibility. No previous experience required.

DaysTuesdaysTime9:30-11:00 a.m.InstructorArbey Quiceno

Power Yoga & Stretch

This class is designed to safely build a strong abdominal core through yoga techniques and stretching. Ideal for athletes and those interested in a mentally and physically challenging class. Participants will leave feeling energized and inspired.

Days Mondays and Wednesdays

Time7:00-8:30 p.m.DaysSaturdaysTime9:30-11:00 a.m.InstructorKerstin Eskeli

GROUP EXERCISE CLASSES

The Community Center offers a variety of fun and affordable group exercise classes. The following rules and regulations are enforced to ensure the safety and well-being of our members.

- You must be at least 15 years of age to participate in a group exercise class.
- No person under the age of 15 may be in the room while a group exercise class is taking place.
- . Bring your valid punch pass along with your ID to class.
- Always provide your name to the attendant when you attend a class.
- Classes may fill up quickly (especially spinning classes) so make sure to arrive early to secure your spot.
- Spinning bicycles are available on a first-come, first-served basis. They may not be reserved.
- Do not enter a class in progress unless the instructor has indicated you can do so.
- Please wear appropriate clothing and footwear.
 Open-toed shoes (including flip-flops) are not permitted.
- Always bring a sweat towel and water bottle to class.

Class Descriptions

Body Sculpting—Body bars, hand weights and balls are used in this 55-minute class to tone all the major muscles in your body and increase muscle endurance.

Spinning—The ultimate indoor cycling experience. You control the resistance and cadence to make the class as challenging as you need it to be!

Zumba—High energy and motivating music with unique moves and combinations makes this a fun and easy workout!

Step—This 55-minute class is devoted to non-stop cardiovascular exercise utilizing the step. This class is moderate-to-high intensity with some abdominal work.

Group Exercise Schedule

The most current and up-to-date Group Exercise Schedule can always be found at the Community Center Front Desk or by visiting www.Activelslander.org.

Group Exercise Pass Prices

| Single | |
|-------------|-------|
| Members | \$9 |
| Non-Members | \$15 |
| 5 Pack | |
| Members | \$35 |
| Non-Members | N/A |
| 10 Pack | |
| Members | \$60 |
| Non-Members | N/A |
| 20 Pack | |
| Members | \$100 |
| Non-Members | N/A |

Packages are not valid for yoga classes or non-members. Passes are non-transferable and non-refundable.





Senior Fitness Programs and Classes

HEALTHY AGING FOR OLDER ADULTS

The Key Biscayne Community Center provides programs that promote health and help prevent disease in older adults. We partner with the Active Seniors on the Key (A.S.K.) Club, an initiative of the Key Biscayne Community Foundation, to create physical and social opportunities that improve the quality of life for older adults in our community.

Programs are taught by qualified fitness instructors who specialize in older adults. All Key Biscayne seniors are welcome to participate in these programs (some programs do have minimum age requirements). Advanced registration at the Front Desk is required to participate in all programs. For additional information, please contact Roxy Lohuis-Tejeda, Adult & Senior Programs Coordinator, at 305-365-8953.



FITNESS CENTER ORIENTATION FOR SENIORS

Senior fitness specialist and personal trainer
Marilyn Myles will provide those with a Senior's
Membership at the Community Center with an
orientation of the Fitness Center equipment and
exercises appropriate for older adults. Please
inquire at the Front Desk for the monthly schedule.



AFFORDABLE SENIOR FITNESS CLASSES

The Community Center is now providing the following classes at an affordable price with a punch-pass system that entitles participants to take any of these 3 senior fitness classes at their convenience. Passes are non-transferable, non-refundable and may only be used for the 3 classes below.

Ages 55 years and up Member Fee \$48 per 8-punch pass
Sessions Ongoing Non-Member Fee \$58 per 8-punch pass

Yoga for 55 & Older

Yoga has been shown to help alleviate or reduce many health challenges. Armed with medical knowledge and the ability to modify poses to accommodate specific health issues, an experienced instructor helps students augment their energy and vitality, enhance range of movement, increase stability and improve respiratory systems. Class is limited to 12 students.

Days Mondays, Wednesdays & Fridays

Time 8:00-9:00 a.m.
Location Oasis Room
Instructor Kerstin Eskeli

Splash! Water Workout

Splash your way into fitness with this fun and exciting water workout designed to be easier on your joints. Get fit in the pool while increasing your overall endurance and strength. This exercise class is guided by a senior fitness specialist and personal trainer.

Days Tuesdays and Thursdays
Time 10:00-11:00 a.m.
Location Pool

Location

Instructor Marilyn Myles

Boomer Boot Camp

Fitness after 55 just became more fun! Workout with balls, bells, bands and balance training aids in an "old school" format with "new age" results! This exercise class is guided by a senior fitness specialist and personal trainer.

Days Tuesdays and Thursdays
Time 11:15 a.m.-12:15 p.m.

Location Dance Studio **Instructor** Marilyn Myles

Senior Fitness Programs and Classes



This fun paddle sport, which combines many elements of tennis, badminton and ping pong, was created for all ages and skill levels with simple rules making it easy for beginners to learn and fast-paced enough for experienced players. Registration at the Front Desk is required.

Days Sundays-Fridays

Dates Ongoing starting August 20
Time 10:00 a.m.-12:00 noon

Location Gymnasium

Fee Free



Tai Chi is a centuries-old Chinese practice that exercises the mind and body through a series of gentle, flowing postures creating a kind of synchronized dance. All levels are welcome. Advanced registration at the Front Desk is required.

Days Fridays (2nd Floor Lobby)

Days Sundays (Village Green)

Time 8:30 a.m.
Instructor Marius Robinson

Session Ongoing

Fee Free

Enhance Fitness

Are you ready to get energized? Enhance Fitness is a low-cost, evidenced-based exercise program that helps older adults (age 60 and over) at all fitness levels become more active. Tested at over 80 sites nationwide, Enhance Fitness focuses on stretching, flexibility, balance, low impact aerobics and strength training exercises.

Days Mondays, Wednesdays and Fridays

 Time
 2:00-3:00 p.m.

 Time
 5:30-6:30 p.m.

 Location
 Community Room

(1st floor, Village Hall)

Instructor Marilyn Myles

Session September 3-December 21

Fee \$160 (16 weeks)

Balance Chair Exercise Group

Older adults are invited to this fun and interactive group that meets to exercise their minds, bodies and spirits. Enjoy a free cup of coffee and stimulating social interaction. Advanced registration at the Front Desk is required.

Days Mondays, Thursdays and Saturdays

Time 10:15-11:15 a.m.
Location Lighthouse Room
Instructor Marilyn Kreisberg

Session Ongoing

Fee Free

A.S.K. Walking Club

Join your friends and neighbors of the A.S.K. Club for a morning walk on the Village Green. Participants will be divided into two groups "speedy" and "steady."

Days Tuesdays and Thursdays
Dates Ongoing starting August 21

Time 8:00 a.m.

Location Village Green (by pavilion)

Free

Chair Yoga

Fee

This new class utilizes the mind-body connection more effectively to help with stress, pain, fatigue, joint lubrication, balance and arthritis. Please register at the Front Desk to reserve your spot.

DaysWednesdays and FridaysTime10:00-11:00 a.m.LocationLighthouse Room

Session Ongoing

Instructor Myriam Sitterson

Fee Free









Fitness, Health & Wellness Programs

Mat Pilates

Mat Pilates focuses on abdominal strength, flexibility, joint mobility, posture and breath control. You will stretch and strengthen your body, primarily the muscles of the core, which span from your hips to your shoulders. Through a series of floor exercises using resistance bands and rings, the workout helps build, sculpt and tone these muscles, giving your body a long, lean look. Pilates can aid in flexibility and improving posture, as stretching your body is a vital part of class. Class is limited to 20 people so please arrive early. Punch passes for this class are sold at the Front Desk. For more information, contact Pilates Zone at 305-420-5500.

Ages 15 years & older

Days TBA Time TBA

Location Oasis Room (2nd floor) **Instructor** Pilates Zone instructor

Session TBA

Member Fee \$18 per class or

\$130 per ten-class punch pass

Non-Member Fee \$21 per class or

\$160 per ten-class punch pass



Cardio Dance Fitness

This new high-energy, cardio dance class features songs from the 80s, 90s and today. You'll have a blast and get a fantastic workout while you dance to hip-hop, salsa, merengue and reggaeton. It's a party in every class! Class is taught by Key Biscayne resident Jackie Vilariño Estrella, former Miami Heat dancer and former captain/choreographer of the Miami Dolphins cheerleaders. She is the Director of Dance Tech Studios Miami. Please register at the Front Desk to reserve your spot!

Ages15 years & olderDaysTuesdaysTime9:30-10:30 a.m.LocationOasis Room (2nd Floor)InstructorDance Tech Studios Miami

Session 1 September 4-25 Session 2 October 2-23

Session 3 October 30-November 27 (no class Nov. 6)

Session 4 December 4-18 (pro-rated)

Member Fee\$60/session or \$20/classNon-Member Fee\$72/session or \$24/class





This program is open to all adult swimmers who want to improve their health and strength through physical fitness, personal challenge, teamwork and camaraderie. All ages and all levels are welcome. For more information, contact Coach Lilly at info@tri4kidz.com or 786-873-1234.

Sessions 4-week sessions begin August 21 Instructor Liliana Montes Mondays-Thursdays **Days** Time 8:45-10:00 a.m. **Member Fee** \$150 **Non-Member Fee** \$180 Tuesdays & Thursdays **Days** Time 7:30-8:30 a.m.

(for Competitive Swimmers

& Triathletes)

Member Fee \$90 Non-Member Fee \$108



ARTS & CRAFTS

Pottery for Adults

Decompress, have fun and explore the versatility of hand-building and wheel work. You may choose to work independently or have an experienced instructor assist you with your project as you design and create sculptural or functional pieces, using various construction techniques and different glaze applications. Potters of all experience levels are welcomed. Materials are not included in the class fee.

| Days | Wednesdays |
|-------------------------------------|--|
| Time | 10:00 a.m12:00 noon |
| Location | Arts & Crafts Room |
| Instructor | Laura Marmol |
| Session 1 Session 2 Session 3 | September 5-26 October 3-24 October 31-November 28 (no class Nov. 21) |

Member Fee \$120/session or \$33/class Non-Member Fee \$144/session or \$39/class \$45

Materials Fee

Chinese Brush Painting

Learn Chinese brush painting from an instructor who has studied with internationally known artists Chow Chian Chiu and wife Chow Leung Chen-Ying. No previous experience is required. A materials list is available at the Front Desk.

Days Mondays Time 10:15 a.m.-12:15 p.m. Location Arts & Crafts Room Instructor Joyce Olivera

Session 1 September 10-October 15 Session 2 October 22-November 26

Member Fee \$70 Non-Member Fee \$80



Create customized, stylish jewelry ready for you and your friends to wear! Choose from a huge selection of hot colors, textures and unique beads to make one-of-a-kind pieces. Basic materials are included in the class fee.

Days Tuesdays and Thursdays Time 10:00 a.m.-1:00 p.m. Location Second Floor Lobby Instructor Judi Koslen Session Ongoing

\$10 per class

Arts & Crafts Room





November 15-December 6

(pro-rated; no class Nov. 22)



ART CLASS FOR SENIORS

Fee

Location

Instructor

Learn new painting techniques in this art class sponsored by the Active Seniors on the Key (A.S.K.) Club. Explore painting and mixed media, and learn about art history and master artists. Class fee includes materials, light snacks and refreshments. Space is limited so register and pay in advance at the Front Desk to secure your spot.

Session 3

Days Thursdays **Session 1** September 6-October 4 Time 9:00 a.m.-12:00 noon Session 2 October 11-November 8

> **Member Fee** \$50 **Non-Member Fee** \$60



COMPUTER CLASSES

Learn everything you need to know about your home computer from an experienced and patient instructor. Additional sessions may be offered if demand exists. Please inquire at the Front Desk. Students must register and pay for entire 4-week course.

Days Wednesdays
Timne 10:00-11:00 a.m.
Location Computer Lab
Instructor Leo Quintana
(Bilingual instructor)

Fee \$20 per 4-week session

Basic Computer Applications

Explore the different features, learn how to perform basic troubleshooting; familiarize yourself with e-mail and the internet.

Session September 5-26

iPhone/Tablet Class

In this class you will learn everything you need to know about your iPhone and tablet. Explore all the different features, text messaging, basic troubleshooting and learn to use FaceTime.

Session October 3-24

SPECIAL INTERESTS

Positive Psychology Course (taught in Spanish)

This course is based on the teachings of Dr. Tal Ben-Shahar, professor of one of the largest classes in the history of Harvard University: Positive Psychology: The Science of Happiness. You will learn how to use scientifically proven Positive Psychology tools to bring more happiness and positivity into your life. You will learn how to appreciate more, enjoy the present, implement new habits, elevate your self-esteem, learn your strengths, prioritize relationships, practice the power of gratitude, increase positivity, live a life with purpose, simplify, remember the mind-body connection and create real transformation in your life. For more information, contact Alexandra at AlexaMan@yahoo.com or 786-780-8690. Please note this course will be taught in Spanish.

DaysTuesdaysTime12:00-2:00 p.m.LocationAdult LoungeInstructorAlexandra Manrique

Session 1 September 4-25 Session 2 October 2-23

Member Fee\$175/session or \$50/classNon-Member Fee\$210/session or \$60/class



SENIOR TRANSPORTATION PROGRAM

The Village of Key Biscayne offers free, local island transportation to pre-registered senior residents of Key Biscayne. Seniors must be 60 years of age or older, full- or part-time residents of Key Biscayne and pre-registered with Roxy Lohuis-Tejeda, Senior and Adult Programs Coordinator. Exceptions will be made for home health aides, nurses and other qualified personnel caring and assisting the registered user. This service is provided on Tuesdays, Wednesdays and Thursdays between 9:00 a.m. and 3:00 p.m. All passengers must be ready and waiting for pick up. The driver will wait only five minutes. Please call 305-365-8953 for more information or to make a reservation.

PERFORMING & CREATIVE ARTS

Ladies' Andante Vocal Group

The choir includes vocal technique and works with simple 2- and 3-voice musical arrangements with a varied repertoire such as classical, rock and popular music in different languages, including Latin American folk music. No auditions are required. For more information, please call Angeles Padilla at 305-342-4162 or Florencia Badino-Zichy at 786-395-0485.

Days Wednesdays Time 8:00-9:30 p.m.
Location Island Room

Instructor Florencia Badino & Angeles Padilla

Session 1September 5-October 17Session 2October 24-December 12

(no class Nov. 21)

Member Fee \$175 Non-Member Fee \$210



Whether you are just beginning to write or polishing your next piece for publication, this class will help you advance your skills as a writer and storyteller. Through weekly lectures, readings, and opportunities to share your work in a supportive environment, you will begin to hone your craft, learning how to create compelling characters, snappy dialogue, and satisfying story structures that will keep your reader fascinated from the first word to the last.

DaysMondaysTime9:30-11:00 a.m.LocationIsland RoomInstructorKathie Klarreich

Session September 17-November 5

Member Fee \$40 Non-Member Fee \$48



Together with some of the best flamenco dance teachers from Spain, Furia Flamenca has created a full educational program that will make you fall in love with this unique dance form. For more information, contact Ana Hidalgo at Info@FuriaFlamenca.com.

Days Tuesdays

Time 11:00 a.m.-12:00 noon

Days Thursdays Time 7:00-8:00 p.m.

Location Island Room/Aerobics Room

Furia Flamenca

Session 1 August 21-October 11
Session 2 October 16-December 20

(no class Nov. 6 or 22)

Member Fee \$170 Non-Member Fee \$204

Instructor







Non-Refundable Trip (NRT)

These trips require the advanced purchase of tickets. Full payment is due at time of registration and cannot be credited or refunded unless a replacement from the waiting list is available. Tickets are transferable.

Evening Trips Drop-Off Service

For trips that take place in the evening, transportation directly to your home at the end of the night is available at no extra charge. Please call 305-365-8953 to make arrangements.

TRIPS AND TOURS

Day Trip to Butterfly World

Join us on a visit to Butterfly World, a live butterfly and bird park, the first and largest of its kind in the US. Enjoy a guided tour of the tropical flowering gardens and its six giant screened aviaries filled with 20,000 live exotic butterflies and the world's most amazing birds. Price includes a full day's admission, lunch and transportation.

Registration Deadline: Monday, September 3

| Date | Friday, September 14 |
|------|----------------------|
| Time | 9:30 a.m. |

Fee \$25

Day Trip to the Dalí Museum

Join us on our visit to the Dalí Museum, housing the most comprehensive collection of Dalí's paintings outside of Europe. Located in a stunning building on the scenic downtown St. Petersburg waterfront, this iconic museum houses more than 2,000 works of art, including numerous oils, watercolors, sketches, sculptures and eight of the 18 "masterworks" produced by the artist. Price includes round-trip transportation, lunch and admission to all the galleries, including Clyde Butcher's limited-time exhibit Clyde Butcher: Visions of Dalí's Spain.

Registration Deadline: Friday, September 14

| Date | Thursday, September 27 |
|------|------------------------|
| Time | 7:30 a.m. |
| | |

Fee \$50

Tour of the Deering Estate & Lunch at The Falls

Located along the edge of Biscayne Bay, the 444-acre Deering Estate at Cutler Bay is an environmental, archaeological and historical preserve. Join us on a naturalist-led tour of the historic houses – the Stone House and Richmond Cottage, followed by lunch at The Falls (not included in trip fee).

Registration Deadline: Friday, October 5

| Date | Friday, October 12 |
|------|--------------------|
| Time | 10:00 a.m. |
| Fee | \$15 |

Miami City Ballet's *Program 1* at the Adrienne Arsht Center

First up, *Concerto Barocco*, a signature George Balanchine ballet set to Bach's glorious *Double Violin Concerto in D Minor*. Then, back in the repertoire after nearly ten years, comes that great audience favorite *Company B*, a Paul Taylor work set to popular 40s hits like "Boogie Woogie Bugle Boy" and "Rum and Coca-Cola" sung by the Andrews Sisters. And finally, *Tchaikovsky Piano Concerto No. 2* is a thrilling masterpiece that pays homage to the spirit and grandeur of imperial St. Petersburg.

Registration Deadline: Friday, October 5

| Date | Friday, October 19 |
|------|--------------------|
| Time | 6:45 p.m. |
| Fee | TBA |



Photo courtesy of Leo Quintana

Havana Music Hall at Actors' Playhouse

Don't miss the world premiere of this brand new musical, which is soon headed to Broadway. *Havana Music Hall* reflects the pulse of our community with its irresistible musical beat and heartwarming story centering on Cuban musicians Rolando and Ramona Calderon, and their lives in Cuba from 1958 to the present. This moving and relevant new musical explores the challenges and joys of one family's 50-year odyssey for survival, presenting a journey which immigrants of all cultures from around the world have traveled for generations.

Registration Deadline: Friday, October 12

Date Wednesday, October 24

Time 11:15 a.m.

Fee TBA

The New Bass Museum (Rescheduled)

Join us for the reopening of The Bass, Miami Beach's Contemporary Art Museum. After a long-awaited, two-year, \$12 million transformation, The Bass will reopen its door to the South Florida community. The visit to the museum will be followed by an afternoon stroll through Lincoln Road.

Registration Deadline: Friday, October 26

Date Friday, November 2

Time 10:00 a.m.

Fee \$10

Celia: The Musical at the Adrienne Arsht Center

Celia Cruz, the everlasting Queen of Salsa and proclaimed 'Guarachera del Mundo,' comes to life on stage in *Celia: The Musical!* This dynamic and modern show finds Celia on stage one last time, as if she never left us. After all, the public has never forgotten her. Taking a journey through her musical legacy, she recalls, in her own words, stories and anecdotes from her career. *Celia: The Musical!* is a rhythmic celebration of her music and life. Orchestra center seats at an incredible price!

Registration Deadline: Friday, November 2

Date Friday, November 16

Time 6:45 p.m.

Fee \$95

Festival Flea Market on Sample

Join us on our visit to this one-of-a-kind, multi-merchant marketplace filled with a diverse selection of merchandise ranging from the ordinary to the extraordinary... and all in air-conditioned comfort.

Registration Deadline: Friday, November 23

Date Wednesday, November 28

Time 9:30 a.m.

Fee \$5

Day at Sawgrass Mills

Come with us as we head out to Sawgrass Mills, one of Florida's largest retail and entertainment center, which features more than 300 name-brand stores and outlets, full-service restaurants, cinemas and high-quality venues.

Registration Deadline: Friday, November 30

Date Wednesday, December 5

Time 9:30 a.m.

Fee \$5

Day at Palm Beach Outlets

Spend the day at Palm Beach Outlets, Palm Beach County's first outlet center, featuring over 100 stores including brand favorites Saks Fifth Avenue OFF 5TH, Banana Republic Factory Store, Kenneth Cole, Nike and White House | Black Market.

Registration Deadline: Friday, December 7

Date Wednesday, December 12

Time 9:30 a.m.

Fee \$5



50+ Corner – Adult & Senior Programs







ONGOING PROGRAMS

A.S.K. Book Club

Join your friends and neighbors for a literary afternoon at the Active Seniors on the Key (A.S.K.) Book Club featuring good books, good discussions and good people. Please bring your own lunch. Coffee will be served.

Days Mondays

Dates September 10, October 8,

November 5 & December 3

Time 12:30 p.m.
Location Lighthouse Lounge
Facilitator Katherine Vale

e Free

Men's Support Group

An ongoing, safe and confidential group for men to discuss challenges and gain feedback and support from each other. Topics of discussion will include: building a new circle of friends; personal growth; stress and anxiety management; self-esteem; and relationships with family, friends and significant others.

Days
Wednesdays
Dates
September 12 & 26
October 10 & 24
November 7 & 21
December 5 & 19
Time
7:30 p.m.
Location
Lighthouse Lounge
Facilitator
Arthur Ackerman

Fee Free

Movie Lovers' Cinema

Join us for a free viewing of recently released films every Thursday. The films to be shown have been selected by local residents for the viewing pleasure of all Islanders. To submit movie suggestions, please contact 305-365-8953. Seating is limited. Register at the Front Desk to secure your spot.

Thursday Matinees at 1:30 p.m.

Fee Free

Key Biscayne Domino Club

Join your friends and neighbors for a friendly game of dominos... *y una tacita de café*.

Days Mondays, Wednesdays & Fridays

Time 2:00-6:00 p.m.
Location Adult Lounge

Fee Free

Mah Jongg, Card Games and More

Interested in learning and/or playing Mah Jongg? Or perhaps engaging in a friendly game of Rummikub? Groups are forming on an ongoing basis. Complimentary refreshments will be provided.

DaysTuesdaysTime1:00-4:00 p.m.LocationLighthouse Room

Fee Free

Afternoon Canasta

Join your friends and neighbors for a fun afternoon playing canasta. No previous knowledge of the game is required. Complimentary refreshments will be provided.

DaysWednesdaysTime3:30-6:00 p.m.LocationLighthouse Lounge

Fee Free

Bingo Mania

Time

Enjoy an afternoon of games, fun and great prizes. A minimum of 6 games will be played with a winner-takes-all final round.

Days Thursdays
Location Adult Lounge

Dates September 13, October 11,
November 8, December 13

3:30 p.m. (following the movie

matinee)

Dates September 27, October 25,

November 29

Time 11:30 a.m. (light lunch will be

served)

Fee \$2 per card

50+ Corner - Adult & Senior Programs

The "Crafty Needle" Sewing Group

Put your crafty hands to work! Join this group of busy bees as they make Fidget Blankets and Aprons for those suffering from Alzheimer's disease. These lap blankets help focus attention, stimulate senses and memory and exercise hand muscles. Sewing experience is not necessary.

DaysWednesdaysDatesOngoingTime12:30 p.m.LocationLighthouse Room

Free Free

SHINE at KBCC

Medicare advice is now available to Key Biscayne residents thanks to the Alliance for Aging's SHINE program. Every month A.S.K. Club volunteers trained by the SHINE program will provide free, unbiased and confidential health insurance counseling to empower residents to make informed healthcare choices. For appointments, please call 305-671-6356.

Days Tuesdays

Dates September 18, October 16,

November 20, December 18

Time 10:00 a.m.-12:00 noon

Location Computer Lab

Fee Free

Lunch & Learn

Possessing knowledge and understanding of one's own health is vitally important. Following the seminar, healthy refreshments are served in order to give residents time to reflect and discuss the topic. Pre-registration at the Front Desk is required.

Days First Thursdays

Dates September 6, October 4,

November 1, December 6

Time 11:30 a.m.
Location Adult Lounge

Fee Free



Brain Fitness with Brain HQ

This brain fitness program will help you think faster, focus better and remember more. BrainHQ is an online braintraining program designed by an international team of neuro-scientists after 30 years of research in neurological science and related medicine. Pre-registration at the Front Desk is required.

DaysMondays and TuesdaysTime1:00-2:00 p.m.LocationComputer LabInstructorBrain HQ Instructor

Session 1 September 17-October 30 Session 2 November 5-December 11

Fee Free







Mind & Melody Music Program

Join this fun, therapeutic and educational music program, shown to provide social, physical and cognitive stimulation. Designed for individuals with or without musical training, the program consists of fun music theory lessons, performances, playing and creating original music! Young musicians from the community come together to teach interactive music sessions. All instruments and materials are provided to participants. Pre-registration is required for this free 5-week program.

 Days
 Mondays

 Time
 11:30 a.m.-12:30 p.m.

Location Lighthouse Room
Instructor Mind & Melody, Inc.

Session 1 August 20-October 15 (no class Sep. 3)

Session 2 October 22-December 10

Fee Free



50+ Corner – Adult & Senior Programs





SPECIAL EVENTS

A.S.K. Club Lunch

The Active Seniors on the Key (A.S.K.) Club invites all Islanders to a monthly luncheon featuring guest speakers and fun activities with your friends and neighbors. This event is generously sponsored by the Key Biscayne Community Foundation and the Village of Key Biscayne. Please register in advance at the Front Desk to secure your spot and confirm location/cost of event.

Days Thursdays

Dates September 13 & October 11

Location Varies
Time 12:00 noon

Fee TBA

Lunch with an Author

Join us for lunch with a different author as they discuss their latest works and sign copies of their books. This event is generously sponsored by the Village of Key Biscayne. Please register in advance at the Front Desk to secure your spot.

Days Thursdays

Dates September 20, October 18

& November 15

Location Island Room
Time 12:00 noon

Fee Free

Spooky Afternoon Tea for Halloween

Wear your most outrageous hat and join us for our Halloween Afternoon Tea. Enjoy a platter of delicious tea sandwiches and pastries plus a hot cup of tea.

Date Wednesday, October 31

Time 12:00 noon Location Adult Lounge

Fee Free

AARP Driver Safety Program

Take the 6-hour classroom refresher course specially designed for drivers age 55 and over and qualify for auto insurance discounts. Please register in advance to secure your spot.

Date Friday, November 9
Time 9:00 a.m.-3:00 p.m.
Location Computer Lab

Fee \$15 for AARP Members \$20 for AARP Non-Members

Holiday High Tea

Please join your friends and neighbors for a new holiday tradition at the Key Biscayne Community Center. Enjoy your favorite cup of tea and tasty finger foods accompanied by live music.

Date Thursday, December 20

Time 3:30 p.m.
Location Adult Lounge

Fee Free

FLORIDA LICENSING ON WHEELS BY APPOINTMENT ONLY!

A team of driver's license representatives will be on hand to renew or issue replacements or duplicates of your driver's license and vehicle registration, issue new or replacement identification cards, complete out-of-state driver's license transfers and provide handicap decals. Call 305-365-8953 for appointments and information on needed documentation. *Note: Renewals of driver's licenses can be completed up to 18 months in advance of the expiration date.*

Days Dates

Time

Location

ates

September 11 October 9 November 13 December 11

Tuesdays

December 11
By Appointment Only
2nd Floor Lobby





50+ Corner - Adult & Senior Programs

Osher Lifelong Learning Institute at the KBCC

Take the next step on your journey through lifelong learning and join us for a new series of courses and lectures presented by the University of Miami's Osher Lifelong Learning Institute (OLLI). You will enjoy an extensive variety of programs in a relaxed and convenient learning environment, especially designed for those over the age of 50 who share a common understanding that life should be filled with continual intellectual growth and exploration. To learn more about OLLI at the University of Miami, please visit www.Miami.edu/Osher

Fall Lectures

- Wednesday, September 12 at 7:00 p.m.
- Wednesday, November 7 at 7:00 p.m.
- Wednesday, November 28 at 10:00 a.m.
- Wednesday, December 12 at 7:00 p.m.

4-week Class

Wednesdays, October 3-24 from 10:00-11:30 a.m.

For more information about the lecture and class topics that will be offered this fall at the KBCC, please visit www.Activelslander.org



Save the Dates! Thursday, November 8 & Thursday, December 13

Annual Holiday Luncheons

Key Biscayne residents are invited to celebrate the spirit of the season at their Community Center. Luncheons include delicious food, holiday entertainment and much more. All proceeds benefit local schools. These events are generously sponsored by the Key Biscayne Community Foundation and the Village of Key Biscayne. Advance registration at the Front Desk is required to secure your spot.

"Giving Thanks" Thanksgiving Luncheon

Date Thursday, November 8

Time 12:00 noon Location Island Room

Fee \$5 (suggested donation)

"Season's Greetings" Holiday Luncheon

Date Thursday, December 13

Time 12:00 noon Location Island Room

Fee \$5 (suggested donation)





Special Events/Important Dates

COMMUNITY CENTER HOLIDAY HOURS & CLOSURES

Labor Day

Date Monday, September 3
Hours 8:00 a.m.-8:00 p.m.

Veterans Day

Date Monday, November 12 8:00 a.m.-8:00 p.m.

Thanksgiving Day

Date Thursday, November 22

Hours CLOSED

After Thanksgiving Day

Date Friday, November 23
Hours 8:00 a.m.-8:00 p.m.

Christmas Eve

Date Monday, December 24
Hours 8:00 a.m.-2:00 p.m.

Christmas Day

Date Tuesday, December 25

Hours CLOSED

New Year's Eve

DateMonday, December 31Hours8:00 a.m.-2:00 p.m.

New Year's Day

Date Tuesday, January 1

Hours CLOSED





Lighthouse Run

Date Saturday, November 10

Time 7:00 a.m.

Location Bill Baggs Cape Florida

State Park

Winterfest Eve

DateSaturday, December 1Time6:00-10:00 p.m.LocationVillage Green

Winterfest

DateSunday, December 2Time4:00-7:30 p.m.LocationVillage Green

Movies on the Green

DateFriday, December 7Time7:00 p.m.LocationVillage Green

Winterfest Boat Parade

DateSaturday, December 8Time6:00-8:30 p.m.Location"No Name Harbor" in
Bill Baggs Cape Florida

State Park

VILLAGE OF KEY BISCAYNE COMMUNITY CENTER

ACTIVE



Village of Key Biscayne
Parks and Recreation Department
10 Village Green Way

Key Biscayne, Florida 33149 Telephone: 305-365-8900

Visit us often for updates and new information at www.ActiveIslander.org



